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dall'Unione europea
NextGenerationEU



Ministero
dell'Università
e della Ricerca



Italiadomani
PIANO NAZIONALE
DI RIPRESA E RESILIENZA

AGE-IT @ UNICATT:

Evidence from the First Phase of the Age-it Program

9.00 - 9.15 **Opening and Introduction**

9.15 - 10.45 **Session 1: Ageing: Intergenerational Perspective**
Chair: F. Pagnini

D. Bramanti, L. Errichiello, G. Falavigna, S. Nanetti
"Retirement Transition and Family Network: An Intergenerational Perspective"

Y. Brilli, E. Cottini, P. Ghinetti, G. Moroni, F. Parodi
"Supply of Tertiary Education and Workers' Long-run Outcomes"

D. Barbiani, F. Pagnini
"Investigating the link between ageing stereotypes and ageing trajectories"

10.45 - 11.15 **Coffee break and Poster Session**

11.15 - 12.45 **Session 2: Sustainability, Welfare and ageing**
Chair: C. Manzi

P. Aroldi, S. Carlo, S. Nanetti, F. Diodati
"Sustainability and ageing: towards an inclusive and resilient society"

A. Albanese, L. Cappellari, M. Ovidi
"Earning ability and workers' ageing"

A. Valmori, C. Manzi, E. Crapolicchio, C. Lucifora
"Employee Welfare and Identity Needs: A Pathway to Enhanced Job Satisfaction for Women Over 50"

12.45 - 14.00 **Lunch and Poster Session**

14.00 - 15.30 **Session 3: Ageing and well-being**
Chair: F. Landi

F. Landi, S. Cacciatore, J. Mancini, F. Ciciarello, V. Galluzzo, M. Tosato, E. Marzetti, R. Calvani
"Poor Sleep Quality is Associated with Probable Sarcopenia in Community-Dwelling Older Adults: Results from the Longevity Check-up (Lookup) 8+"

P. Catellani, D. Barbiani, L. Picciafoco, V. Carfora, M. Vezzoli, A. Marchetti, A. Valle, G. Graffigna, M. Savarese, D. Villani, M. Bertolotti, G. Castelnovo, F. Pagnini, A. Antonietti
"A Repeated Measure Survey to Explore the Individual Resources, Lifestyle, and Wellbeing of Older Adults"

S. Cacciatore, E. Marzetti, R. Calvani, A. Picca, S. Salini, A. Russo, M. Tosato, F. Landi
"Intrinsic capacity and recent falls in adults 80 years and older living in the community: results from the ILSIRENTE Study"

15.30 - 16.00 **Coffee Break and Poster Session**

16.00 - 18.00 **Session 4: Ageing and Tech Intervention**
Chair: D. Bramanti

L. Picciafoco, M. Vezzoli, V. Carfora, P. Catellani
"Promoting Older People Engagement in Physical Activity through Tailored Communication: The Effects of a Mobile App Intervention"
M. L. Mancusi, M. Romagnoli
"Old but Gold: Population Ageing and Innovation Incentives"

D. Villani, G. Cremaschi, E. Pancini
"Sustaining and amplifying positive emotions in older adults: a self-help savoring e-intervention"

I.A. Chicchi Giglioli, S. De Gasperi, C. Pupillo, E. Sajno, D. Di Lernia, A. Capriotti, P. Olivetti, G. Riva
"Digital Biomarkers for Identifying and Predicting Frailty through Machine Learning and Virtual reality"

18.00 - 18.15 **General Discussion**

Poster:

M. Piotti, C. Lucifora
"Are firms ready for an ageing workforce? Evidence from small-medium sized firms in Italy"

A. Antonini, A. Rosina, F. Luppi, E. Sironi
"Seniors' preferences on supporting intergenerational sustainability. Evidence from Italian Baby-Boomers"

E. Crapolicchio, E. Franzetti, C. Lucifora, C. Manzi
"Active Ageing in Firms: an index of organizational well-being"

F. Manzi, L. Miraglia, G. Figliano, L. Ruggerone, M. Nazzario, I. Borgini, M. Donini, C. Di Dio, A. MarcheD, D. Massaro
"ToM and Pepper Lab" – Robotics for cognitive stimulation and social skills: A preliminary study"

M. Belloni, C. Lucifora, P. Micera
"Working conditions and health at work over the life-cycle: Evidence from Europe"

L. Colautti, A. Antonietti, A. Rosi, E. Cavallini, P. Iannello
"Enhancing Decision-Making Abilities in Older Adults: The Impact of Metacognitive Training and Future Directions for Online Implementation"

D. Barbiani, F. Pagnini
"Efficacy of a placebo administered with and without deception on well-being and cognitive and physical functioning in a sample of older adults: preliminary evidence."

Progetto "Age-It", cod. progetto PE00000015 - PNRR – MISSIONE 4 "Istruzione e Ricerca" COMPONENTE 2, "Dalla ricerca all'impresa" INVESTIMENTO 1.3, "Partenariati estesi alle Università, ai centri di ricerca, alle aziende per il finanziamento di progetti di ricerca di base", finanziato dall'Unione Europea – NextGenerationEU, Avviso Pubblico D.D. n. 341/2022 del MUR – CUP B43D22000730006.

Venerdì 18 ottobre 2024
Aula Negri da Oleggio
Largo A. Gemelli, 1 - Milano

Organizing committee

E. Cottini, C. Lucifora, P. Micera



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